

# CASTLE HILL HIGH SCHOOL CANTEEN – WINTER MENU 2021

<b>ROLLS &amp; WRAPS</b>	
½ wrap - Ham Cheese & Salad	\$3.50
½ wrap - Chicken Avocado & Rocket	\$3.50
½ wrap - Salad	\$3.00
½ wrap – Flamed Grilled Chicken	\$3.50
Chicken & Salad Roll	\$4.50
Chicken, Lettuce & Mayo Roll	\$4.20
Salad Roll	\$3.70
Buttered Roll	\$1.00
Unbuttered Roll	\$0.80
<b>SANDWICHES</b> (White / Wholemeal / Multigrain)	
Chicken Lettuce & Mayo	\$4.00
Leg Ham	\$3.50
Chicken	\$3.50
Salad (lettuce, tomato, beetroot, cucumber, carrot)	\$3.50
Tuna & Lettuce	\$3.50
Egg & Lettuce	\$3.00
Egg / Curried Egg	\$2.50
Cheese & Tomato	\$2.50
Cheese	\$2.00
Ham & Cheese	\$2.50
Vegemite	\$1.50
<b>RICE PAPER ROLLS:</b> (Beef / Chicken / Vegetarian / Tuna / Prawn)	\$3.50
<b>SUSHI ROLLS:</b> (Chicken / Beef / Vegetarian / Tuna / Salmon (\$4))	\$3.50
<b>BREAKFAST – from 8.15am</b>	
Ham & Cheese Toastie	\$2.50
Cheese Toastie	\$2.00
Toasted Banana bread (Full) / Half	\$1.50
Raisin Toast – per slice	\$1.00
Toast and Vegemite – per slice	\$0.50
Smoothies – Berry / Mango	\$3.00
<b>SALADS / FRUIT</b>	
Seasonal fresh fruit	\$1.50
Watermelon Tub	\$2.00
Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection.	varies
Green Mixed Salad	\$4.50
Caesar Salad	\$4.50
Chicken Caesar Salad	\$5.00
Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut)	\$5.00
<b>MILK</b>	
Ice Break Coffee 500ml	\$3.50
500ml Large Milk (Chocolate / Strawberry)	\$3.50
300ml Oak (Chocolate / Strawberry / Coffee / Vanilla)	\$2.00
250ml Up & Go (Chocolate / Strawberry / Vanilla)	\$2.00
Plain Milk 600ml	\$1.60
Plain Milk 300ml	\$1.00
<b>ICE CREAMS</b>	
Paddlepop Shaky Shake (Chocolate)	\$2.50
Juicies (Tropical / Wild Berry)	\$1.00
Coconut Juicies (Mango / Strawberry)	\$1.50
Twisted Frozen Yoghurt (Vanilla & Choc / Strawberry)	\$2.50
Paddlepop (Chocolate / Rainbow)	\$2.00
Vanilla Ice Cream Cups	\$1.50
Paddlepop Icy Twist	\$1.50
Frozen Fruit Cups (Blackcurrant / Apple / Orange)	\$1.00
Quelch Fruit Juice Stick	\$0.50

<b>HOT FOOD</b>	
Flame Grilled Chicken Burger	\$5.00
Classic Chicken Burger	\$5.00
Chicken Nuggets (x5) (includes sauce)	\$3.00
Four-N-Twenty Traveller Pie (Pepper)	\$3.50
Mrs Mac Pie (Beef)	\$3.50
Mrs Mac Potato Top Pie	\$4.00
Spinach & Ricotta Roll	\$3.50
Pork Dumplings with Soy Sauce (x4)	\$3.50
Hot Cheese Roll	\$2.00
Sausage Roll	\$3.50
Garlic Bread (small)	\$1.50
Garlic Bread (large)	\$2.50
Lasagne (Beef or Vegetarian)	\$4.50
Cheese Toastie	\$2.00
Ham & Cheese Toastie	\$2.50
Cheese & Tomato Toastie	\$2.50
Ham, Cheese & Tomato Toastie	\$2.70
Vegetable Pastie	\$3.50
Halal Beef Pie	\$4.00
Halal Sausage Roll	\$3.50
Pumpkin Soup with Roll (without roll \$3.50)	\$4.00
Sauce sachet (Tomato or BBQ or Soy)	\$0.20
<b>DRINKS</b>	
Pump Water 750ml (Plain)	\$3.00
Flavoured Pump Water 750ml (Lime / Lemon / Berry)	\$3.00
Water 600ml	\$2.00
Nippys Fruit Juice 250ml (Orange / Apple / Tropical / Blackcurrant)	\$2.00
Iced Tea (Peach / Mango / Lemon)	\$3.00
Glee (Bubblegum / Raspberry/ Blackcurrant / Tropical)	\$2.00
Nippys Fresh Juice 450ml (Apple / Orange)	\$3.50
Waterfords Lite & Fruity Sparkling Water (Blackcurrant / Passionfruit / Raspberry)	\$2.50
<b>EXTRAS</b>	
Chips (Honey Soy, Sea Salt, Salt & Vinegar)	\$1.50
Popcorn 25g (Plain)	\$1.30
Mamee Noodle Snacks (Chicken)	\$1.00
Sunbites (Cheddar & Chives or Caramelised Onion and Balsamic Vinegar)	\$1.00
Delites (Salt and Vinegar, Sour Cream and Chives, Sweet Chilli and Sour Cream)	\$1.00
Eucalyptus Drops 25g	\$1.00
Crispy Fruits (Mango, Pineapple, Apple, Strawberry)	\$1.50
Finger Bun	\$2.50
Croissant	\$2.50
Homemade Choc-Chip Cookie	\$1.00
Homemade Raisin Cookie	\$1.00
Hot Chocolate	\$2.00

<u><i>Daily Specials</i></u>	
<i>Mon: Butter Chicken with Rice</i>	<i>\$5.00</i>
<i>Tue: Sweet Chilli Chicken Wrap</i>	<i>\$5.00</i>
<i>Wed: Chicken Pad See Ew</i>	<i>\$5.00</i>
<i>Thu: Creamy Chicken &amp; Bacon Pasta</i>	<i>\$5.00</i>
<i>Fri: Nachos</i>	<i>\$5.00</i>

**GLUTEN FREE MENU AVAILABLE**

**\*\*ORDER ONLY\*\***